

Willand Health & Community Centre Annual Report

My Apologies for not being with you this evening. The Health and Community Centre is going from strength to strength. We have been fortunate again to be one of the Community Causes that the Co-op has chosen to support this year. If you haven't chosen a cause to support we would really appreciate it if you make us your choice and just remember to swipe your co-op card every time you make a purchase.

Regular weekly bookings are:

Tuesday evening Yoga

Wednesday Evening and Friday Morning Pilates

Wednesday Evening Craft Group

Monthly Bookings

3rd Friday Quiz Group

WH&CC Activities

Tea & Chat 1st Thursday & 3rd Tuesday in the month. Book Swap 3rd Wednesday.

As well as this, there have been various events held by the food bank, and some casual bookings such as a Wake, Wheelchair Basketball health & Safety / first aid training, Baby Shower, Family gatherings. Jubilee Celebration.

If you have an idea for a group you'd like to start come and speak to us we'd love to see if we can help you make it happen.

Frances